

# FirstKitchen Allergens and Nutrition List

Updated : 2024/04/18



The following is based on an investigation of raw materials in accordance with the Food Labeling Act,

◆Nutritional component values are based on analytical values or the Standard Tables of Food Composition in Japan, 7th Edition. Values shown are standard values based on formulation. Since each product is handmade, there may be errors in the numerical values of the actual product. ◆Allergy information may contain ingredients that are not originally used in the product, mixed in during factory production or store cooking, and some ingredients may differ depending on the store, and therefore are not absolute. When in doubt, please consult with your doctor prior purchase.

※Values shown are per serving. (Some are for every 100 grams)

※If the component value is 0, this means an item does not contain or only contains a minor amounts. If it is not analyzed, it is displayed as (-).

※Condiments such as coffee cream are not shown. Please see the table below.

※Please note that the information will be updated periodically as the product offerings change.

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○: contained as an ingredient.

△: Manufacturing plants manufacture products that contain these allergens.

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Unmarked: not used as an ingredient.

★ =Only available at selected shops.

	Specified ingredients								Items equivalent to specified ingredients											※ Seafood	Calories	Protein	Fat	Carbohydrates	Saccharides	Dietary fiber	Salt equivalent							
	1 Shrimp	2 Crab	3 Wheat	4 Buckwheat	5 Egg	6 Dairy products	7 Peanut	8 Walnut	1 Almond	2 Abalone	3 Squid	4 Salmon roe	5 Orange	6 Cashewnut	7 Kiwi Fruit	8 Beef	9 Sesame	10 Salmon	11 Mackerel									12 Soybean	13 Chicken	14 Banana	15 Pork	16 Matsumoto mushroom	17 Peach	18 Yam
<b>Burger</b>																																		
First Classic Burger	▲	○	○	○	▲										○	△	▲	○	▲	▲	▲	▲	▲	▲	▲	▲	▲	547	20.6	36.1	35.1	33.6	1.5	2.2
Bacon Egg Burger	▲	○	○	○	▲										○	△	▲	○	▲	○	▲	○	▲	▲	▲	▲	▲	444	20.5	26.2	30.7	29.3	1.4	1.9
Cheese Bacon Egg Burger	▲	○	○	○	▲										○	△	▲	○	▲	○	▲	○	▲	▲	▲	▲	▲	489	23.0	29.9	31.0	29.6	1.4	2.3
Hamburger	▲	○	△	○	▲										○	△	▲	○	▲	▲	▲	▲	▲	▲	▲	▲	▲	304	12.0	15.6	28.9	27.6	1.3	1.2
Cheese Burger	▲	○	△	○	▲										○	△	▲	○	▲	▲	▲	▲	▲	▲	▲	▲	▲	348	14.6	19.3	29.2	27.9	1.3	1.5
Teriyaki Burger	▲	○	○	○	▲										○	△	▲	○	▲	▲	▲	▲	▲	▲	▲	▲	▲	385	12.3	23.6	30.7	29.3	1.4	1.7
Teriyaki Avocado Egg Cheeseburger	▲	○	○	○	▲										○	△	▲	○	▲	▲	▲	▲	▲	▲	▲	▲	▲	823	29.1	59.6	41.7	38.6	3.1	3.5
Teriyaki Avocado Egg Chicken Cheeseburger	▲	○	○	○	▲										▲	△	○	○	○	▲	▲	▲	▲	▲	▲	▲	▲	755	25.9	52.3	43.5	41.5	2.0	3.2
Jr. Teriyaki Avocado Egg Cheeseburger	▲	○	○	○	▲										○	△	▲	○	▲	▲	▲	▲	▲	▲	▲	▲	▲	530	21.1	34.7	32.4	30.3	2.1	2.3
Miso Mayonnaise Burger (Ginger-flavor)	▲	○	○	○	▲										○	△	▲	○	▲	▲	▲	▲	▲	▲	▲	▲	▲	420	12.5	27.5	30.2	28.6	1.6	1.8
Tomato Sauce Burger (Ratatouille-flavor)	▲	○	○	○	▲										○	△	▲	○	▲	▲	▲	▲	▲	▲	○	▲	▲	370	12.1	23.4	27.5	26.2	1.3	1.2
Classic Crispy & Melty Cheese x Cheeseburger	▲	○	○	○	▲										○	○	▲	○	▲	▲	▲	○	▲	○	▲	▲	▲	565	23.2	35.5	38.4	36.7	1.7	2.8
Classic Chicken Tatsuta Burger	▲	○	○	○	▲										▲	○	○	○	○	▲	▲	▲	▲	▲	○	▲	▲	584	15.7	38.1	43.7	42.4	1.3	2.7
Young Chicken Tatsuta Sandwich	▲	○	○	○	▲										▲	△	○	○	○	▲	▲	▲	▲	▲	▲	▲	▲	629	15.9	45.4	37.9	36.5	1.4	2.1
Thick Cut! Ham Cutlet Sandwich	▲	○	○	○	▲										▲	△	▲	○	▲	▲	▲	○	▲	▲	○	▲	▲	533	12.7	32.6	46.1	44.4	1.7	2.6
Double Cheese Bacon Egg Burger (Tokyo/Nakayama Racecourse Store)	▲	○	○	○	▲										○	△	▲	○	▲	▲	▲	○	▲	○	▲	▲	▲	690	32.7	46.8	33.5	31.9	1.6	3.0
Hamburger Double (Tokyo/Nakayama Racecourse Store)	▲	○	△	○	▲										○	△	▲	○	▲	▲	▲	▲	▲	▲	▲	▲	▲	469	19.2	28.8	33.4	31.8	1.6	1.9
Cheeseburger Double (Tokyo/Nakayama Racecourse Store)	▲	○	△	○	▲										○	△	▲	○	▲	▲	▲	▲	▲	▲	▲	▲	▲	559	24.4	36.2	33.9	32.3	1.6	2.6
<b>Morning Menu</b>																																		
Fluffy & Runny Egg Sandwich	▲	○	○	○	▲										▲	△	▲	○	▲	▲	▲	▲	▲	▲	▲	▲	▲	466	23.0	28.6	25.8	24.8	1.0	2.2
Tomato Lettuce Burger	▲	○	○	○	▲										○	△	▲	○	▲	▲	▲	▲	▲	▲	▲	▲	▲	373	13.0	22.8	29.0	27.4	1.6	1.4
Fluffy & Runny Egg Bacon Cheese Sandwich	▲	○	○	○	▲										▲	△	▲	○	▲	▲	▲	○	▲	▲	▲	▲	▲	536	27.3	34.3	26.4	25.4	1.0	2.8
Round Hash Browns (3pcs)	▲	▲	▲	▲	▲										▲	▲	▲	○	▲	▲	▲	▲	▲	▲	▲	▲	▲	230	1.3	18.6	13.9	12.6	1.3	0.8
<b>Pasta</b>																																		
Napolitan Pasta	▲	○	○	○	▲										▲	▲	▲	○	▲	○	▲	○	▲	▲	▲	▲	▲	529	15.5	14.6	85.8	81.3	4.5	2.6
Meat Sauce Pasta	▲	○	○	○	▲										○	▲	▲	○	○	○	○	▲	▲	▲	▲	▲	▲	534	18.1	17.9	77.1	72.8	4.3	2.9
Shrimp Avocado Genovese Pasta	○	○	○	○	○										▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	579	18.4	24.3	73.4	68.7	4.7	3.1
Carbonara Spaghetti	▲	○	○	○	▲										▲	▲	▲	○	○	○	○	▲	▲	▲	▲	▲	▲	546	17.8	20.4	73.7	70.7	3.0	2.6
Tomato Sauce Pasta with Mozzarella and Bacon	△	△	○	○	○	▲	△				△			△	△	△	▲	○	○	△	○	▲	▲	▲	▲	○	△	662	26.7	24.9	80.2	73.4	6.8	4.2
Seasoned Hakata Cod Roe Spaghetti	▲	○	○	○	▲										▲	▲	▲	○	▲	▲	▲	▲	▲	▲	▲	▲	▲	469	14.9	13.8	73.2	69.8	3.4	3.9
<b>Topping</b>																																		
Beef Patty 48 g	▲	○	△	○	▲										○	▲	▲	○	▲	▲	▲	▲	▲	▲	▲	▲	▲	156	7.1	13.2	2.3	2.1	0.2	0.3
Beef Patty 100 g	▲	○	△	○	▲										○	▲	▲	○	▲	▲	▲	▲	▲	▲	▲	▲	▲	309	15.5	25.5	4.4	4.3	0.1	0.8

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	Specified ingredients								Items equivalent to specified ingredients												※ Seafood	Calories	Protein	Fat	Carbohydrates	Saccharides	Dietary fiber	Salt equivalent						
	1 Shrimp	2 Crab	3 Wheat	4 Buckwheat	5 Egg	6 Dairy products	7 Peanut	8 Walnut	1 Almond	2 Abalone	3 Squid	4 Salmon roe	5 Orange	9 Cashewnut	7 Kiwi Fruit	8 Beef	6 Sesame	10 Salmon	11 Mackerel	12 Soybean									13 Chicken	14 Banana	15 Pork	16 Material mushroom	17 Peach	18 Yam
<b>Potato</b>																																		
Plain(salt) (S)	▲	▲	▲	▲	▲	▲									▲	▲	▲	○	▲	▲	▲	▲	▲	▲	▲	▲	▲	231	2.8	13.1	26.6	24.5	2.1	1.3
Plain(salt) (M)	▲	▲	▲	▲	▲	▲									▲	▲	▲	○	▲	▲	▲	▲	▲	▲	▲	▲	▲	352	4.2	19.9	40.5	37.3	3.2	2.0
Plain(salt) (L)	▲	▲	▲	▲	▲	▲									▲	▲	▲	○	▲	▲	▲	▲	▲	▲	▲	▲	▲	462	5.5	26.1	53.1	49.0	4.1	2.6
Plain(salt) (Box)	▲	▲	▲	▲	▲	▲									▲	▲	▲	○	▲	▲	▲	▲	▲	▲	▲	▲	▲	923	11.0	52.1	106.3	97.9	8.4	5.2
Salted Lemon Flavor French Fries (M)	▲	○	▲	▲	▲	▲									▲	▲	▲	○	▲	▲	▲	▲	○	▲	▲	▲	▲	361	4.4	19.9	42.7	39.5	3.2	2.6
Salted Lemon Flavor French Fries (L)	▲	○	▲	▲	▲	▲									▲	▲	▲	○	▲	▲	▲	▲	○	▲	▲	▲	▲	471	5.7	26.1	55.3	51.1	4.2	3.2
Salted Lemon Flavor French Fries (箱)	▲	○	▲	▲	▲	▲									▲	▲	▲	○	▲	▲	▲	▲	○	▲	▲	▲	▲	942	11.3	52.2	110.6	102.2	8.4	6.4
Cheddar x Goda Cheese Flavored (M)	▲	○	▲	○	▲										▲	▲	▲	○	▲	▲	▲	▲	▲	▲	▲	▲	▲	364	4.9	20.3	42.0	38.7	3.3	2.8
Cheddar x Goda Cheese Flavored (L)	▲	○	▲	○	▲										▲	▲	▲	○	▲	▲	▲	▲	▲	▲	▲	▲	▲	474	6.2	26.5	54.7	50.4	4.3	3.4
Cheddar x Goda Cheese Flavored (Box)	▲	○	▲	○	▲										▲	▲	▲	○	▲	▲	▲	▲	▲	▲	▲	▲	▲	948	12.4	53.0	109.3	100.8	8.5	6.8
Savory Steamed Potato Butter Flavor (M)	▲	○	▲	○	▲										○	○	▲	○	○	○	○	○	○	○	○	○	○	364	4.8	20.1	42.4	39.1	3.3	2.8
Savory Steamed Potato Butter Flavor (L)	▲	○	▲	○	▲										○	○	▲	○	○	○	○	○	○	○	○	○	○	474	6.1	26.4	54.9	50.7	4.2	3.4
Savory Steamed Potato Butter Flavor (Box)	▲	○	▲	○	▲										○	○	▲	○	○	○	○	○	○	○	○	○	○	946	12.2	52.6	109.9	101.4	8.5	6.7
Seasoned Hakata Cod Roe Flavor (M)	▲	○	▲	○	▲										▲	▲	▲	○	▲	▲	▲	▲	▲	▲	▲	▲	▲	362	4.6	20.0	42.5	39.2	3.3	3.0
Seasoned Hakata Cod Roe Flavor (L)	▲	○	▲	○	▲										▲	▲	▲	○	▲	▲	▲	▲	▲	▲	▲	▲	▲	473	5.9	26.2	55.1	50.9	4.2	3.6
Seasoned Hakata Cod Roe Flavor (Box)	▲	○	▲	○	▲										▲	▲	▲	○	▲	▲	▲	▲	▲	▲	▲	▲	▲	944	11.7	52.3	110.3	101.8	8.5	7.1
Burnt Butter Soy Sauce Flavor (M)	▲	○	▲	○	▲										▲	▲	▲	○	▲	▲	▲	▲	▲	▲	▲	▲	▲	363	4.6	20.0	42.7	39.5	3.2	2.8
Burnt Butter Soy Sauce Flavor (L)	▲	○	▲	○	▲										▲	▲	▲	○	▲	▲	▲	▲	▲	▲	▲	▲	▲	473	5.9	26.2	55.4	51.2	4.2	3.4
Burnt Butter Soy Sauce Flavor (Box)	▲	○	▲	○	▲										▲	▲	▲	○	▲	▲	▲	▲	▲	▲	▲	▲	▲	945	11.7	52.3	110.7	102.3	8.4	6.8
Chicken Consomme Flavor (M)	▲	○	▲	○	▲										▲	▲	▲	○	○	▲	▲	▲	▲	○	▲	○	363	4.7	20.0	42.5	39.2	3.3	2.9	
Chicken Consomme Flavor (L)	▲	○	▲	○	▲										▲	▲	▲	○	○	▲	▲	▲	▲	○	▲	○	473	6.0	26.2	55.1	50.9	4.2	3.5	
Chicken Consomme Flavor (Box)	▲	○	▲	○	▲										▲	▲	▲	○	○	▲	▲	▲	▲	○	▲	○	944	12.0	52.3	110.2	101.7	8.5	6.9	
Round Hash Browns (5pcs)	▲	▲	▲	▲	▲										▲	▲	▲	○	▲	▲	▲	▲	▲	▲	▲	▲	▲	383	2.1	31.0	23.2	21.1	2.1	1.3
<b>Dip Potato</b>																																		
Dip Potato (S)	▲	▲	▲	▲	▲										▲	▲	▲	○	▲	▲	▲	▲	▲	▲	▲	▲	▲	231	2.8	13.1	26.6	24.5	2.1	1.3
Dip Potato (M)	▲	▲	▲	▲	▲										▲	▲	▲	○	▲	▲	▲	▲	▲	▲	▲	▲	▲	352	4.2	19.9	40.5	37.3	3.2	2.0
Dip Potato (L)	▲	▲	▲	▲	▲										▲	▲	▲	○	▲	▲	▲	▲	▲	▲	▲	▲	▲	462	5.5	26.1	53.1	49.0	4.1	2.6
Dip Potato (Box)	▲	▲	▲	▲	▲										▲	▲	▲	○	▲	▲	▲	▲	▲	▲	▲	▲	▲	923	11.0	52.1	106.3	97.9	8.4	5.2
(BBQ)		○																										23	0.1	0.2	5.4	5.2	0.2	0.4
(Honey Mustard)																											○	34	0.2	2.1	3.6	3.5	0.1	0.3
(Garlic Mayo)				○												○												42	0.2	3.3	2.9	2.8	0.1	0.5
(Smoked Cheese)				○	○																							30	0.7	2.6	1.7	1.7	0.0	0.5
(Cod roe mayo)		○	○															○	○									72	0.1	7.4	0.7	0.7	0.0	0.5

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	1 Shrimp	2 Crab	3 Wheat	4 + Buckwheat	5 Egg	6 Dairy products	7 Peanut	8 Walnut	1 Almond	2 Abalone	3 Squid	4 Salmon roe	5 Orange	6 Cashewnut	7 Kiwi Fruit	8 Beef	9 Sesame	10 Salmon	11 Mackerel	12 Soybean									13 Chicken	14 Banana	15 Pork	16 Matsutake mushroom	17 Peach	18 Yam	19 Apple
<b>Side Menu</b>																																			
Chicken Nuggets 5pcs	▲		○		○	○	▲									▲	▲	▲	○	○		▲		▲		▲	▲		384	13.0	32.0	9.0	8.2	0.8	1.9
Chicken Nuggets 10pcs	▲		○		○	○	▲									▲	▲	▲	○	○		▲		▲		▲	▲		767	26.0	64.0	18.0	16.4	1.6	3.8
(BBQ)			○																○										23	0.1	0.2	5.4	5.2	0.2	0.4
(Honey Mustard)																											○		34	0.2	2.1	3.6	3.5	0.1	0.3
(Garlic Mayo)					○											○													42	0.2	3.3	2.9	2.8	0.1	0.5
(Smoked Cheese)					○	○																							30	0.7	2.6	1.7	1.7	0.0	0.5
(Cod roe mayo)			○		○												○		○										72	0.1	7.4	0.7	0.7	0.0	0.5
Young Chicken Tatsuta (1pcs)	▲		○		▲	▲	▲								▲	▲		○	○	○		▲		▲		▲	▲		340	10.6	27.4	11.9	11.9	0.0	1.1
Fried Chicken 1pcs	▲		○		○	○	▲								▲	▲		▲	○	○		▲		▲		▲	▲		508	14.2	41.6	16.8	16.4	0.4	1.4
Share Pack ①(For 1~2 people)	▲		○		○	○	▲								▲	▲		▲	○	○		▲		▲		▲	▲		1,862	46.9	141.3	95.7	90.0	5.7	7.3
Share Pack ②(For 1~2 people)	▲		○		○	○	▲								▲	▲		▲	○	○		▲		▲		▲	▲		1,939	39.4	135.3	139.9	130.7	9.2	8.0
<b>Dessert</b>																																			
Supernal Matcha®Pudding Dango, Azuki and Softserve	▲		△		△	○	▲		△			△		△	▲	△		▲	○	△	△	▲		△		△	○		359	6.6	13.4	53.9	52.0	1.9	0.4
High-Roasted Tea Pudding Dango, Azuki and Softserve	▲		△		△	○	▲		△			△		△	▲	△		▲	○	△	△	▲		△		△	○		359	6.3	13.4	54.2	52.1	2.1	0.4
Supernal Matcha®Pudding Dango and Azuki	▲		△		△	○	▲		△			△		△	▲	△		▲	○	△	△	▲		△		△	○		231	3.8	8.1	36.5	34.7	1.8	0.2
High-Roasted Tea Pudding Dango and Azuki	▲		△		△	○	▲		△			△		△	▲	△		▲	○	△	△	▲		△		△	○		231	3.5	8.1	36.9	34.9	2.0	0.2
Dango,Azuki & Softserve	▲		▲		▲	○	▲								▲	▲		▲	○	▲		▲		▲		▲	▲		291	6.3	6.9	51.2	49.1	2.1	0.3
Soft Serve Shake Supernal Matcha® Azuki	▲		▲		▲	○	▲								▲	▲		▲	▲	▲		▲		▲		▲	▲		298	7.3	10.2	44.5	42.2	2.3	0.4
Soft Serve Shake High-Roasted Tea Azuki	▲		▲		▲	○	▲								▲	▲		▲	▲	▲		▲		▲		▲	▲		298	7.2	10.2	44.8	42.2	2.6	0.4
Mini Pancakes - with Butter Sauce 7 pcs	▲		○		△	○	○	▲							▲	▲		▲	○	▲	△	▲		▲		△	▲		261	4.3	15.8	25.5	24.8	0.7	0.9
Mini Pancakes - with Butter Sauce 28pcs	▲		○		△	○	○	▲							▲	▲		▲	○	▲	△	▲		▲		△	▲		976	17.1	56.6	99.8	97.0	2.8	2.9

# FirstKitchen Allergens and Nutrition List

Updated : 2024/04/18



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	Specified ingredients								Items equivalent to specified ingredients											※ Seafood		Calories kcal	Protein g	Fat g	Carbohydrates g	Saccharides g	Dietary fiber g	Salt equivalent g							
	1 Shrimp	2 Crab	3 Wheat	4 + Buckwheat	5 Egg	6 Dairy products	7 Peanut	8 Walnut	1 Almond	2 Abalone	3 Squid	4 Salmon roe	5 Orange	9 Cashewnut	7 Kiwi fruit	8 Beef	6 Sesame	10 Salmon	11 Mackerel	12 Soybean	13 Chicken								14 Banana	15 Pork	16 Matsutake mushroom	17 Peach	18 Yam	19 Apple	20 Gelatin
<b>Cold Drink</b>																																			
Coffee (S)	▲	▲	▲	▲	▲	▲									▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	7	0.3	0.0	1.1	—	—	0.0
Coffee (M)	▲	▲	▲	▲	▲	▲									▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	12	0.6	0.0	2.0	—	—	0.0
Coffee (L)	▲	▲	▲	▲	▲	▲									▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	14	0.7	0.0	2.5	—	—	0.0
Caffe Latte (S)	▲	▲	▲	▲	○	▲									▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	49	2.6	2.6	3.8	—	—	0.1
Caffe Latte (M)	▲	▲	▲	▲	○	▲									▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	90	4.8	4.8	7.0	—	—	0.2
Caffe Latte (L)	▲	▲	▲	▲	○	▲									▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	122	6.5	6.5	9.3	—	—	0.2
Black Tea	▲	▲	▲	▲	▲	▲									▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	10	0.2	0.0	2.3	2.3	0.0	0.1
Peach Tea	▲	▲	▲	▲	▲	▲									▲	▲	▲	▲	▲	▲	▲	▲	▲	○	▲	▲	▲	46	0.2	0.0	12.0	—	—	0.0	
Supernal Matcha® Latte (S)	▲	▲	▲	○	▲										▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	88	4.9	4.6	6.8	6.0	0.8	0.2
Supernal Matcha® Latte (M)	▲	▲	▲	○	▲										▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	156	8.8	8.1	12.3	10.7	1.6	0.3
High-Roasted Tea Latte (S)	▲	▲	▲	○	▲										▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	88	4.8	4.6	7.0	6.0	1.0	0.2
High-Roasted Tea Latte (M)	▲	▲	▲	○	▲										▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	156	8.6	8.1	12.6	10.7	1.9	0.3
Supernal Matcha® (S)	▲	▲	▲	▲	▲	▲									▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	5	0.4	0.1	0.5	0.0	0.5	0.0
Supernal Matcha® (M)	▲	▲	▲	▲	▲	▲									▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	7	0.6	0.1	0.8	0.0	0.8	0.0
High-Roasted Tea (S)	▲	▲	▲	▲	▲	▲									▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	5	0.3	0.1	0.6	0.0	0.6	0.0
High-Roasted Tea (M)	▲	▲	▲	▲	▲	▲									▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	7	0.5	0.1	1.0	0.0	1.0	0.0
Pepsi Cola (S)	▲	▲	▲	▲	▲	▲									▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	69	0.0	0.0	17.0	17.0	0.0	0.1
Pepsi Cola (M)	▲	▲	▲	▲	▲	▲									▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	109	0.0	0.0	27.2	27.2	0.0	0.1
Pepsi Cola (L)	▲	▲	▲	▲	▲	▲									▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	205	0.0	0.0	51.0	51.0	0.0	0.1
Melon Soda (S)	▲	▲	▲	▲	▲	▲									▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	69	0.0	0.0	17.1	17.1	0.0	0.1
Melon Soda (M)	▲	▲	▲	▲	▲	▲									▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	110	0.0	0.0	27.4	27.4	0.0	0.1
Melon Soda (L)	▲	▲	▲	▲	▲	▲									▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	206	0.0	0.0	51.3	51.3	0.0	0.1
7up (S)	▲	▲	▲	▲	▲	▲									▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	114	0.0	0.0	28.5	28.5	0.0	0.1
7up (M)	▲	▲	▲	▲	▲	▲									▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	182	0.0	0.0	45.5	45.5	0.0	0.2
7up (L)	▲	▲	▲	▲	▲	▲									▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	231	0.0	0.0	57.8	57.8	0.0	0.2
Lemonade (S)	▲	▲	▲	▲	▲	▲									▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	73	0.2	0.0	18.3	18.3	0.0	0.1
Lemonade (M)	▲	▲	▲	▲	▲	▲									▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	122	0.2	0.0	30.5	30.5	0.0	0.1
Lemonade (L)	▲	▲	▲	▲	▲	▲									▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	219	0.4	0.0	54.9	54.9	0.0	0.2
Oolong Tea (S)	▲	▲	▲	▲	▲	▲									▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	2	0.0	0.0	0.4	0.4	0.0	0.1
Oolong Tea (M)	▲	▲	▲	▲	▲	▲									▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	3	0.0	0.0	0.5	0.5	0.0	0.1
100%Apple juice (S)	▲	▲	▲	▲	▲	▲									▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	○	▲	▲	113	0.4	0.0	27.9	27.9	0.0	0.1	
100%Apple juice (M)	▲	▲	▲	▲	▲	▲									▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	○	▲	▲	181	0.7	0.0	44.5	44.5	0.0	0.1	

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	Specified ingredients								Items equivalent to specified ingredients											※ Seafood	Calories kcal	Protein g	Fat g	Carbohydrates g	Saccharides g	Dietary fiber g	Salt equivalent g								
	1 Shrimp	2 Crab	3 Wheat	4 Buckwheat	5 Egg	6 Dairy products	7 Peanut	8 Walnut	1 Almond	2 Abalone	3 Squid	4 Salmon roe	5 Orange	9 Cashewnut	7 Kiwi Fruit	8 Beef	6 Sesame	10 Salmon	11 Mackerel									12 Soybean	13 Chicken	14 Banana	15 Pork	16 Matsutake mushroom	17 Peach	18 Yam	19 Apple
<b>Hot Drink</b>																																			
Coffee (S)	▲	▲	▲	▲	▲	▲									▲	▲		▲	▲	▲	▲		▲	▲	▲	▲	▲	▲	8	0.4	0.0	1.3	—	—	0.0
Coffee (M)	▲	▲	▲	▲	▲	▲									▲	▲		▲	▲	▲	▲		▲	▲	▲	▲	▲	▲	10	0.5	0.0	1.6	—	—	0.0
Caffe Latte (S)	▲	▲	▲	○	▲	▲									▲	▲		▲	▲	▲	▲		▲	▲	▲	▲	▲	▲	59	3.1	3.1	4.5	—	—	0.1
Caffe Latte (M)	▲	▲	▲	○	▲	▲									▲	▲		▲	▲	▲	▲		▲	▲	▲	▲	▲	▲	78	4.1	4.1	6.0	—	—	0.2
Supernal Matcha Latte	▲	▲	▲	○	▲	▲									▲	▲		▲	▲	▲	▲		▲	▲	▲	▲	▲	88	4.9	4.6	6.8	6.0	0.8	0.2	
High-Roasted Tea Latte	▲	▲	▲	○	▲	▲									▲	▲		▲	▲	▲	▲		▲	▲	▲	▲	▲	88	4.8	4.6	7.0	6.0	1.0	0.2	
Supernal Matcha®	▲	▲	▲	▲	▲	▲									▲	▲		▲	▲	▲	▲		▲	▲	▲	▲	▲	4	0.3	0.1	0.4	0.0	0.4	0.0	
High-Roasted Tea	▲	▲	▲	▲	▲	▲									▲	▲		▲	▲	▲	▲		▲	▲	▲	▲	▲	4	0.3	0.1	0.5	0.0	0.5	0.0	
Darjeeling Tea	▲	▲	▲	▲	▲	▲									▲	▲		▲	▲	▲	▲		▲	▲	▲	▲	▲	0	0.0	0.0	0.0	0.0	0.0	0.0	
Peach Tea	▲	▲	▲	▲	▲	▲									▲	▲		▲	▲	▲	▲		▲	○	▲	▲	▲	31	0.2	0.0	8.0	—	—	0.0	
<b>Jewel Tapioca</b>																																			
Oolong Milk Tea Tapioca with Mango	▲	▲	▲	○	▲	▲									▲	▲		▲	▲	▲	▲		▲	▲	▲	▲	▲	▲	239	1.2	1.5	56.0	55.7	0.3	0.1
Oolong Milk Tea Tapioca with Strawberry	▲	▲	▲	○	▲	▲									▲	▲		▲	▲	▲	▲		▲	▲	▲	▲	▲	▲	226	1.5	1.5	53.2	52.7	0.5	0.1
Oolong Milk Tea Tapioca with Peach	▲	▲	▲	○	▲	▲									▲	▲		▲	▲	▲	▲		▲	○	▲	▲	▲	183	1.2	1.3	42.1	41.7	0.4	0.1	
※ Supernal Brown Sugar Matcha Latte	▲	▲	▲	○	▲	▲									▲	▲		▲	▲	▲	▲		▲	▲	▲	▲	▲	374	1.9	10.6	67.9	25.5	42.4	0.2	
※ Supernal Brown Sugar Matcha Latte (Renewal)	▲	▲	▲	○	▲	▲									▲	▲		▲	▲	▲	▲		▲	▲	▲	▲	▲	352	1.9	13.2	57.7	56.5	1.2	0.5	
※ High-Roasted Brown Sugar Tea Latte	▲	▲	▲	○	▲	▲									▲	▲		▲	▲	▲	▲		▲	▲	▲	▲	▲	374	1.7	10.6	68.1	25.5	42.6	0.2	
※ High-Roasted Brown Sugar Tea Latte (Renewal)	▲	▲	▲	○	▲	▲									▲	▲		▲	▲	▲	▲		▲	▲	▲	▲	▲	355	1.7	13.2	57.9	56.5	1.4	0.5	
※ Brown Sugar Latte	▲	▲	▲	○	▲	▲									▲	▲		▲	▲	▲	▲		▲	▲	▲	▲	▲	364	1.0	10.4	66.7	25.5	41.2	0.2	
※ Brown Sugar Latte (Renewal)	▲	▲	▲	○	▲	▲									▲	▲		▲	▲	▲	▲		▲	▲	▲	▲	▲	345	1.0	13.1	56.5	56.5	0.0	0.5	
Sparkling Tapioca Mango	▲	▲	▲	▲	▲	▲									▲	▲		▲	▲	▲	▲		▲	▲	▲	▲	▲	323	0.3	0.5	80.4	80.1	0.3	0.1	
Sparkling Tapioca Strawberry	▲	▲	▲	▲	▲	▲									▲	▲		▲	▲	▲	▲		▲	▲	▲	▲	▲	310	0.5	0.5	77.6	77.1	0.5	0.1	
Sparkling Tapioca Peach	▲	▲	▲	▲	▲	▲									▲	▲		▲	▲	▲	▲		▲	○	▲	▲	▲	267	0.3	0.3	66.6	66.2	0.4	0.1	
Milk Tapioca Mango	▲	▲	▲	○	▲	▲									▲	▲		▲	▲	▲	▲		▲	▲	▲	▲	▲	349	7.2	7.6	64.0	63.7	0.3	0.3	
Milk Tapioca Strawberry	▲	▲	▲	○	▲	▲									▲	▲		▲	▲	▲	▲		▲	▲	▲	▲	▲	336	7.4	7.6	61.2	60.7	0.5	0.3	
Milk Tapioca Peach	▲	▲	▲	○	▲	▲									▲	▲		▲	▲	▲	▲		▲	○	▲	▲	▲	293	7.2	7.4	50.1	49.7	0.4	0.3	
<b>Float</b>																																			
Cream Soda Float	▲	▲	▲	○	▲	▲									▲	▲		▲	▲	▲	▲		▲	▲	▲	▲	▲	230	2.8	5.3	42.7	42.6	0.1	0.2	
Cola Float	▲	▲	▲	○	▲	▲									▲	▲		▲	▲	▲	▲		▲	▲	▲	▲	▲	229	2.8	5.3	42.4	42.3	0.1	0.2	
Coffee Float	▲	▲	▲	○	▲	▲									▲	▲		▲	▲	▲	▲		▲	▲	▲	▲	▲	129	2.9	5.3	17.6	17.3	0.3	0.2	
Supernal Matcha® Float	▲	▲	▲	○	▲	▲									▲	▲		▲	▲	▲	▲		▲	▲	▲	▲	▲	133	3.3	5.4	18.0	17.3	0.7	0.2	
High-Roasted Tea Float	▲	▲	▲	○	▲	▲									▲	▲		▲	▲	▲	▲		▲	▲	▲	▲	▲	133	3.2	5.4	18.1	17.3	0.8	0.2	
Peach Tea Float	▲	▲	▲	○	▲	▲									▲	▲		▲	▲	▲	▲		▲	○	▲	▲	▲	225	2.9	5.3	42.8	42.7	0.1	0.4	

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Unmarked: not used as an ingredient.

★ = Only available at selected shops.

	Specified ingredients								Items equivalent to specified ingredients												※ Seafood	Calories	Protein	Fat	Carbohydrates	Saccharides	Dietary fiber	Salt equivalent							
	1 Shrimp	2 Crab	3 Wheat	4 Buckwheat	5 Egg	6 Dairy products	7 Peanut	8 Walnut	1 Almond	2 Abalone	3 Squid	4 Salmon roe	5 Orange	6 Cashewnut	7 Kiwi fruit	8 Beef	9 Sesame	10 Salmon	11 Mackerel	12 Soybean									13 Chicken	14 Banana	15 Pork	16 Material mushroom	17 Peach	18 Yam	19 Apple
<b>Craft Beer</b>																																			
SPRING VALLEY 豊潤 <4 9 6 >	▲		▲		▲	▲	▲								▲	▲		▲	▲	▲	▲		▲		▲	▲	▲								
SPRING VALLEY SILK ALE <White>	▲		○		▲	▲	▲								▲	▲		▲	▲	▲	▲		▲		▲	▲	▲								
BROOKLYN LAGER	▲		▲		▲	▲	▲								▲	▲		▲	▲	▲	▲		▲		▲	▲	▲								
SPRING VALLEY Afterdark	▲		▲		▲	○	▲								▲	▲		▲	▲	▲	▲		▲		▲	▲	▲								
<b>as you like</b>																																			
Cream						○														○									10	0.2	1.0	0.1	0.1	0.0	0.0
Corn syrup																													34	0.0	0.0	8.4	—	—	0.0
Suger																													12	0.0	0.0	3.0	—	—	0.0
Potion lemon																													1	0.0	0.0	0.3	—	—	0.0
Grated PARMESAN Cheese (per100g)						○																							501	43.3	34.9	3.4	3.4	0.0	3.1
(RED) HABANERO PEPPER SAUCE (per100g)																													29	0.6	0.5	5.4	4.1	1.3	6.6
Ketchup (per100g)	▲		▲		▲	▲	▲								▲	▲		▲	▲	▲	▲		▲		▲	▲	▲		94	1.5	0.2	21.5	19.9	1.6	2.9
<b>Event ★</b>																																			
Shaved Ice with Soft Serve - Strawberry	▲		▲		▲	○	▲								▲	▲		▲	▲	▲	▲		▲		▲	▲	▲		194	2.8	5.3	35.2	35.1	0.1	0.3
Shaved Ice with Soft Serve - Blue Hawaii	▲		▲		▲	○	▲								▲	▲		▲	▲	▲	▲		▲		▲	▲	▲		194	2.8	5.3	35.2	35.1	0.1	0.3
Shaved ice(strawberry)	▲		▲		▲	▲	▲								▲	▲		▲	▲	▲	▲		▲		▲	▲	▲		110	0.0	0.0	29.7	29.7	0.0	0.1
Shaved ice(strawberry) (Big)	▲		▲		▲	▲	▲								▲	▲		▲	▲	▲	▲		▲		▲	▲	▲		175	0.0	0.0	47.5	47.5	0.0	0.1
Shaved ice(Blue hawaii)	▲		▲		▲	▲	▲								▲	▲		▲	▲	▲	▲		▲		▲	▲	▲		110	0.0	0.0	29.7	29.7	0.0	0.1
Shaved ice(Blue hawaii) (Big)	▲		▲		▲	▲	▲								▲	▲		▲	▲	▲	▲		▲		▲	▲	▲		175	0.0	0.0	47.5	47.5	0.0	0.1
Frankfurter sausage	▲		▲		▲	○	▲								○	▲		▲	○	○	○		○		▲	▲	▲		271	9.9	24.2	2.4	—	—	1.5
Fried Chicken 5pcs	▲		○		○	○	▲								▲	▲		▲	○	○	○		▲		▲	▲	▲		558	16.1	46.4	17.5	16.7	0.9	2.1
MINI Fried gyoza (Cheese)	▲		○		○	○	▲								▲	▲		▲	○	▲	○		○		▲	○	▲		325	5.3	23.7	22.0	21.3	0.7	0.9
Softserve(Cup)	▲		▲		▲	○	▲								▲	▲		▲	○	▲	▲		▲		▲	▲	▲		160	3.5	6.6	21.7	21.6	0.1	0.2